

Formulation and evaluation of clindamycin HCL *in situ* gel for vaginal application

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Abstract

Objective: The vagina has been studied as a favorable site for the local and systemic delivery of drugs, for female associated conditions. Vaginal preparations, although generally perceived as safer most still associated with number of problems including multiple days of dosing, dripping, leakage and messiness, causing discomfort to users and expulsion due to the self-cleansing action of the vaginal tract. These limitations lead to poor patient compliance and failure of the desired therapeutic effects. For efficient vaginal delivery of drugs, the delivery system should reside at the site of infection for a prolonged period of time. *In situ* gel formulation which combines advantages of both gels and solution so that an accurate dose can be administered with ease. These formulations remain in solution state before administration and transforms to gel after administration in to vaginal cavity. **Material and Methods:** In these formulations we prepared clindamycin loaded hydroxypropyl methycellulose (0.1%) (bioadhesive) and gellan gum (ion activated gelling polymer) based *in situ* gel system for vaginal application. NaCl (0.9%) was added as an isotonic agent. The developed formulation was characterized for various *in vitro* parameters such as clarity, refractive index, pH, viscosity, drug release profile, statistical release kinetics, bioadhesive force, and microbial efficacy along with stability studies. To simulate vaginal conditions, synthetic membrane (cellophane hydrated with modified simulated vaginal fluid) was used as model membranes. **Results and Discussion:** The developed formulation was found to be nonirritant, bioadhesive with good retention properties. Formulations have satisfactory appearance, clarity and drug content in the range 98.1-101%. Refractive index of the gel is ranging from 1.335 to 1.337, proofing the transparency of gel. Furthermore, formulation displayed 33.3% cumulative drug release after 2 h. 67.4% after 6 h and 98.9% after 12 h. **Conclusion:** Developed formulation should be stable. Hence, formulation is thus a viable alternative to conventional vaginal dosage forms.

Key words: Clindamycin HCl, gellan gum, hydroxypropyl methycellulose, *in situ* gel

INTRODUCTION

A hundred million individuals are infected with sexually transmitted diseases (STD) caused by human immunodeficiency virus, herpes simplex virus, human papilloma virus, and other pathogens. Women are facing the greatest risk of acquiring STD because of substantial mucosal exposure to seminal fluids, high prevalence of non-consensual and non-protective sex. Therefore,

it is highly recommendable to develop a female controlled drug delivery system containing microbicide as a barrier device against STD.^[1] Among the various routes of drug delivery, the vaginal route offers many advantages due to its large permeation area, rich vascularization, avoidance of first pass metabolism and relatively low enzymatic activity. It should also allow self-administration, with minimal interference with body functioning and daily life, and obtain high bioavailability with other medications. The avoidance of hepatic first-pass metabolism, a reduction in the incidence and severity of gastrointestinal side-effects, a decrease in hepatic side-effects of drugs such as steroids, and overcoming of pain, tissue damage, and probable infection observed with parental routes.^[2] The rate and extent of drug absorption after intravaginal administration may vary depending on formulation factors, vaginal physiology, age of the patient and menstrual cycle. Suppositories, creams, gels, tablets and vaginal rings are commonly used vaginal drug delivery systems.^[3]

The conventional dosage forms such as preformed gel and solutions have limitations that they do not remain for long time at the site of application and needs frequent dosing. Direct

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application of gels onto the infected sites of the vagina might be difficult, inconvenient as well as have frequent dosing because the conventional gels do not remain for long time at the site of application. A new and recent approach is to try to combine advantages of both gels and solution so that an accurate dose can be administered with ease of administration.^[4] These formulations remain to a solution state before administration but transforms to gel after administration in to vaginal cavity.^[5]

In situ gel has broad drug absorption peak and a longer drug residence time as compared to conventional dosage form. For a better therapeutic efficacy and patient compliance, mucoadhesive, thermosensitive and prolonged release vaginal gel was formulated for the treatment of vaginitis.

Nowadays, *in situ*-gelling liquids have also proved as more convenient dosage forms for local applications because they are easy to administer into desired body cavities. To achieve desirable therapeutic effect, vaginal delivery systems need to reside at the sites of infection for a prolonged period. The conventional formulations such as solutions, suspensions, ointments, etc., shows some constraints such as increased elimination, high variability in efficiency which reduces their bioavailability. *In situ* activated gel forming systems are liquid upon instillation and undergo phase transition in the vagina to form a viscoelastic gel in response to environmental changes such as change in temperature and pH. Hence, it offers higher efficacy and bioavailability as compare to other conventional dosage form.

Some researcher explored efficacy of *in situ* vaginal gel. The liquid applied to topical areas turns into gels as a result of physical and/or chemical change induced by physiological environments such as pH forcellulose acetate phthalate, the concentration of calcium ions for gellan gum, temperature for poloxamers, etc.^[6,7] Bioadhesion and retention at the site of application for a sufficient period of time can be achieved by incorporating bioadhesive polymers in the formulations. Until date, only a limited number of studies have been reported on bioadhesive drug delivery systems for vaginal administration. Hydroxypropyl methylcellulose (HPMC) act as bioadhesive. Gellan gum is an ion activated polymer, which gel when comes in contact with ions that is, vaginal fluid.

Clindamycin HCL is a semi synthetic antibiotic. Clindamycin inhibits bacterial protein synthesis at the level of the bacterial ribosome. The antibiotic binds preferentially to the 50S ribosomal subunit and affects the process of peptide chain initiation. Clindamycin is indicated for the treatment of bacterial vaginosis (formerly referred to as Hemophilus vaginitis, Gardnerella vaginitis, nonspecific vaginitis, corynebacterium vaginitis, or anaerobic vaginosis) in nonpregnant women.^[8] Hence, in our present work, developing and optimizing a bioadhesive HPMC and gellan gum based *in situ* gel system of clindamycin for vaginal application. The optimized gel was evaluated for various physicochemical properties, *in vitro* drug release, bioadhesive force, retention time, and microbial efficacy and stability studies.

MATERIALS AND METHODS

Clindamycin phosphate was obtained as gift samples from Glenmark Pharmaceuticals, Mumbai, India. HPMC Was obtained as a gift sample from colorcon, Goa, Gellan gum (Gelrite® CP Kelco, US) was obtained as a gift from Applied Biosciences, Mumbai, India. All other chemicals and solvents used were purchased from local suppliers and of analytical grade unless mentioned.

Preparation of simulated vaginal fluid

The simulated vaginal fluid (SVF) were prepared by mixing 3.51 gL⁻¹ NaCl, 1.40 gL⁻¹ KOH, 0.222 gL⁻¹ Ca(OH)₂, 0.018 gL⁻¹ bovine serum albumin, 2 gL⁻¹ lactic acid, 1 gL⁻¹ acetic acid, 0.16 gL⁻¹ glycerol, 0.4 gL⁻¹ urea and 5 gL⁻¹ glucose. PH of the mixture was adjusted to 4.5 ± 0.02 by using 0.1 M HCl.^[9]

Preparation of *in situ* gel formulation

The “Cold Method” was used for preparation with slight modifications.^[8] The weighed quantity of drug was dissolved in saline phosphate buffer in aseptic condition. Benzalkonium chloride added as a preservative at the same time. Individually the polymeric solution of HPMC and gellan gum was prepared and kept undisturbed for 24 h for proper mixing [Table 1]. Further the drug and polymeric solution was mixed properly and intended quantity of the isotonic agent was also added to it. Solution was transferred into amber colored bottle and sealed till further use and resulting solutions were sterilized by autoclave at 121°C for 20 min at 15 psi.

EVALUATION PARAMETERS

Interaction studies

Drug excipients compatibility study

Drug excipients compatibility study was performed for checking the compatibility between drug and polymers. Drug excipient compatibility studies were also carried out by Using Fourier transform infrared (FT-IR) spectroscopy (Thermo scientific, Japan) also done by using double beam ultraviolet (UV)-visible spectrophotometer (Shimadzu pharmaspec. UV-1800, Japan). Liquid solutions of HPMC, gellan gum and clindamycin HCL was prepared individually and in combinations and were autoclaved at 121°C for 20 min at 15 psi. The UV spectra were taken before and after autoclaving using double beam UV-visible spectrophotometer. Both spectra were compared for any possible

Table 1: Composition of formulations

Ingredients	F1 %	F2 %	F3 %	F4 %	F5 %	F6 %
Clindamycin HCL	2	2	2	2	2	2
HPMC (% w/v)	0.5	0.5	1	1	—	1.5
Gellan gum (% w/v)	0.5	1	0.5	1	1.5	—
Benzalkonium chloride	0.02	0.02	0.02	0.02	0.02	0.02
Sodium chloride	0.9	0.9	0.9	0.9	0.9	0.9
Purified water	Q.S	Q.S	Q.S	Q.S	Q.S	Q.S

HCL: Hydrochloride, HPMC: Hydroxypropyl methylcellulose

change due to interactions between different ingredients. Also taken FT-IR spectra of drug, polymers and formulations.

Physicochemical characterization

Vagina is capable of self-cleaning and regularly secretes vaginal fluid with slowly flush to wash out unwanted waste and foreign material. One of the most challenging tests for vaginal drug delivery is bioadhesive property which helps to prolong the residence of formulation.

pH evaluation

The pH of the formulation was recorded with a pH meter (Mettler Instruments, Germany) and allowing equilibrating for 1 min. Experiments were performed in triplicate.

Viscosity measurements

Viscosity of all formulated batches of *in situ* gel was measured by using Brookfield Viscometer (Brookfield Engineering Laboratories Inc., MA, USA) Using spindle no. T 97. Viscosity of *in situ* gelling solutions was measured at different angular velocities at temp. 37°C. The tests were performed in triplicate.

Gelation temperature

Gelation temperature (GT) was measured by heating the formulation in a 15-mL borosilicate glass test tube. Into each test tube, 2 mL of formulation solution were placed and heated with gentle stirring until the formulation solution gets gelled. Gel formation was considered as the point where there will be no flow when the test tubes were tilted >90°C.

Clarity and refractive index

The clarity of the formulations after and before gelling was determined by visual examination of the formulations under light alternatively against white and black backgrounds.

Refractive index of the formulations were determined by Abbe's refractometer. Switch on the monochromatic Na Light lamp and wait for 5 min to allow lamp warm up. Put the 1-2 drop of liquid between illuminating and measuring prism. Close the lower prism case. Use rotating knob to align the X-Mark in the eye piece with the shadow boundary separating the dark and bright area seen in the field of view. Read the refractive index from the scale.

Texture evaluation and consistency

Texture of the gel in terms of stickiness and grittiness was evaluated by using texture analysis. Texture analyzer equipped with a 5 kg load cell was used for mucoadhesion studies.^[9] Freshly excised bovine vaginal mucosa was frozen at -30°C. A section of 2 mm thickness was taken from the inner part of the surface of the frozen vaginal mucosa and attached to the lower end of the probe (P0.5 Perspex, θ : 12.5 mm) of the instrument with cyanoacrylate glue. The mucosa was dipped into the vaginal mucus (frozen at -30°C just after the excision and adjusted to 37°C during the experiment) and kept for 10 min prior to the commencement of the experiment. The gels were packed into 30 mm diameter tubes and centrifuged at 20,000 rpm for 10 min to remove the air

bubbles from the gels and to ensure a smooth contact between the gels and the vaginal mucosa. The mucoadhesion studies were performed at 37°C. The probe holding the vaginal mucosa was lowered onto the surface of the gel with a constant speed of 0.1 mm s⁻¹ and contact force of 0.5 N applied. After a contact period of 120s, the probe was then moved vertically upwards at a constant speed of 0.1 mm s⁻¹. Each experiment was carried out in triplicate.

Gel persistent capacity and spreadability

Gel persistent capacity was determined by placing drop of prepared formulation in vial containing 2 ml of SVF and observed till it completely erodes. Spreadability was determined by wooden block and glass slide apparatus. Weights about 20 g were added to the pan and the time were noted for upper slide (movable) to separate completely from the fixed slides.

Drug release

The *in vitro* drug release study was performed in sink condition, using Franz diffusion cell (PermeGear, Inc. Bethlehem, PA) with water jacketed receptor chamber (20 ml) and donor chamber thermostated at 37°C. The receptor chamber was separated by cellulose membrane (Filter paper Whatman 41, 20-25 μ m, Whatman GmbH, Dassel, Germany) and each formulation was spread on the circular portion of the membrane. The drug release was measured by UV analysis method. The results of *in vitro* data were analyzed by statistical software to obtain the best fit kinetic model for *in vitro* drug release from optimized formulation. The test was conducted in triplicate.

Bioadhesion measurement

The assemblies developed for *in vitro* measurement of bioadhesive strength in a simulated vaginal environment are a modification of the previously reported bioadhesion test assembly.^[9] The method is based on the measurement of tensile strength or shear stress required to break the adhesive bond between a model membrane and the test formulation. The test formulation is sandwiched between two model membranes fixed on flexible supports in the assemblies for a sufficient period of time. After the adhesive bond has formed, the force (weight) required to separate the bond will be measured and calculated a bioadhesive strength.

Microbiological studies

The microbiological studies were carried out on the optimized formulation and 2% w/v of plain drug solution for comparison against micro-organism. *Staphylococcus aureus* will be used as the test microorganism. A layer of nutrient agar (20 mL) seeded with the test micro-organism (0.2 mL) was allowed to solidify in the petriplate. Cups were made on the solidified agar layer with the help of sterile borer at 4 mm diameter. Then volume of the formulations (optimized formulation and plain drug solution) containing equivalent amount of drug will be poured into the cups. After keeping petriplates at room temperature for 4 h, the plates were incubated at 37°C for 24 h. The zone of inhibition was observed. The diameter of zone of inhibition will be measured by an antibiotic zone finder.^[10,11]

Irritation test (Hen's Egg Test-chorioallantoic membrane test)

For the present study, modified Hen's Egg Test-chorioallantoic membrane (HET-CAM) test was done as per method reported by Velpandian *et al.*, 2006.^[8] The HET-CAM has been shown to be a method of assessing the potential irritancy of particular chemicals. The potential irritancy of compounds detected by observing adverse changes that occur in the chorionallantoic membrane of the egg after exposure to test chemicals.^[9] Briefly, fertilized hen's eggs were obtained from poultry farm. Three eggs for each formulation weighing between 50 and 55 g were selected. These eggs were incubated in humidified incubator at a temperature of $37^{\circ}\text{C} \pm 0.5^{\circ}\text{C}$ for 3 days.

On the day 3, egg albumin (3 ml) was removed by using sterile techniques from the pointed end of the egg. The hole was sealed by 70% alcohol sterilized parafilm (American Can Company, USA) with the help of heated spatula. The eggs were kept in the equatorial position for the development of CAM away from the shell. The eggs were candled on the 5th day of incubation and every day, thereafter non-viable embryos were removed. On the 10th day formulations were instilled directly onto the CAM surface and left in contact for 5 min. The membrane is examined for vascular damage and the time taken for injury to occur is recorded.

A 0.9% NaCl solution was used as a control as it is reported to be practically non-irritant. The scores were recorded according to the scoring schemes as shown in below Table 2.

Stability studies

Stability studies was carried out on optimized formulation according to ICH Guidelines for 3 months and after that checks all the physicochemical parameters of formulated clindamycin loaded *in situ* Gel.

Table 2: Scoring chart for HET-CAM test

Effect	Score	Inference
No visible hemorrhage	0	Nonirritant
Just visible membrane discoloration	1	Mild irritant
Structures are covered partially due to membrane discoloration or hemorrhage	2	Moderately irritant
Structures are covered totally due to membrane discoloration or hemorrhages	3	Severe irritant

HET-CAM: Hen's Egg Test - Chorioallantoic Membrane

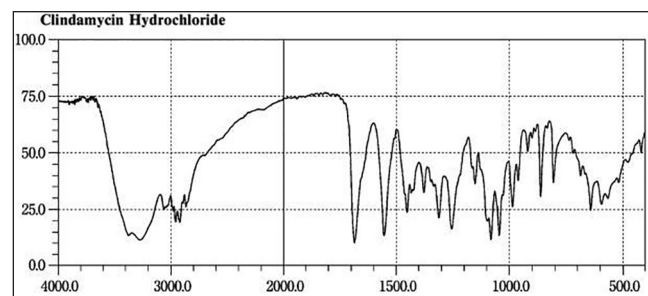


Figure 1: Fourier transform infrared spectra of clindamycin HCL

RESULTS AND DISCUSSION

Clindamycin HCL was scanned for its absorbance at 213 nm for generation of standard graph. Interaction studies were carried out to check any interaction between formulation ingredients. UV spectra obtained before and after autoclaving were found to be identical. No additional peak or shift in peak reveals two facts. First, the ingredients were compatible to each other and no physicochemical reactions took place, and secondly it also shows that the formulation can be terminally sterilized by autoclaving.

The FT-IR spectra of clindamycin HCL, HPMC, gellan gum and clindamycin loaded *in situ* formulation are depicted in Figures 1-4 respectively. FT-IR spectrum of clindamycin HCL showed characteristic peaks at 1755 cm^{-1} (C=O stretching), 1095 cm^{-1} (C-O stretching), 1516 cm^{-1} (C=C stretching), 2941 cm^{-1} (C-H stretching) whereas, FT-IR spectrum of HPMC showed characteristic peaks at 1729 cm^{-1} C=O (ester) stretching, 1448 and gellan gum shows 1482 cm^{-1} CH₂ bending were identified, which was same in clindamycin loaded *in situ* formulation. Thus, there was no any interaction between drug and excipients.

Physicochemical evaluation of the prepared formulation

The physicochemical properties such as pH, gelation temperature, Viscosity, Reflective Index, Drug content, GPC (gel persistent spreadability [GPS]), and mucoadhesive strength of the formulations are depicted in Table 3.

pH of all the formulations were found to be in the range 5.3-5.5 that is, as per the pH of vagina. All developed Formulations have satisfactory appearance, clarity and drug content in the range 98.1-101%.

T gel is the temperature at which the liquid phase makes a transition to gel. An ideal *in situ* gel should be a free flowing liquid at room temperature so as to allow reproducible administration into the site of application where it undergoes *in situ* phase transition to form a strong gel.^[12] The human vaginal temperature is 37.2°C ,^[13] So T gel of vaginal thermoreversible gels were considered to be suitable if they were in the range of $25\text{--}37^{\circ}\text{C}$.^[12] If the T gel is lower than 25°C , a gel might be formed at room temperature leading to difficulties in manufacturing, handling, and administering. If T gel is higher than 37°C , a liquid dosage form still exists at vaginal temperature, resulting in drainage of the formula from the vagina at an early stage.

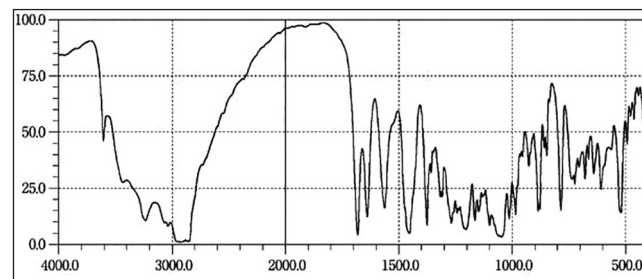
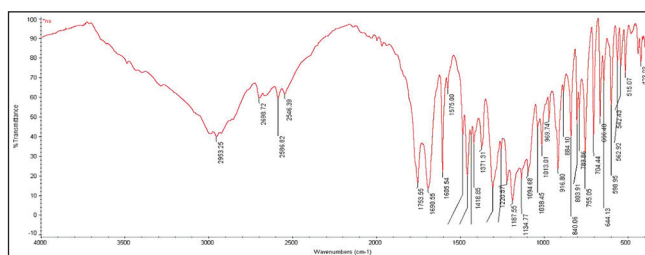


Figure 2: Fourier transform infrared spectra of optimized formulations (f-4)

Table 3: Physicochemical characteristic of formulations

Formulation code	pH	GT (°C)	Viscosity (cps)	Drug content (%)	Mucoadhesive strength (dynes/cm)	GPS (h)	Spreadability (mm)
F1	5.3	25.4	40±0.12	94.3±0.06	+	8	23
F2	5.3	33.8	48±0.42	91.3±1.21	+	9	25
F3	5.4	36.4	52±0.56	89.2±0.34	++	8	21
F4	5.3	36.8	56±0.12	99.8±0.62	+++	>9	14
F5	5.3	30.8	89±0.73	99.3±0.24	+	8	19
F6	5.4	35.9	90±0.18	90.2±0.34	+	8	17

+: Poor/absent mucoadhesion strength, ++: Good mucoadhesion strength, +++: Excellent mucoadhesion strength, GPS: Gel persistent spreadability, GT: Gelation temperature

**Figure 3: Fourier transform infrared spectra of hydroxypropyl methylcellulose**

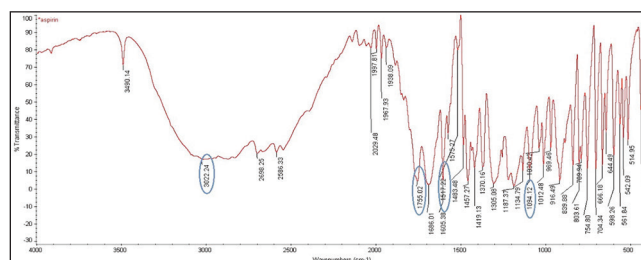
Gel persistent spreadability were found having minimum 8 h and maximum >9 h and optimized formulations was found >9 h.

Rheological analysis is a powerful technique to comprehensively investigate the gelation process and viscoelastic properties of thermo sensitive gel. The prepared formulations showed Newtonian flow as their viscosity is in 40-90 cps range at formulation conditions. However the formulations showed increased viscosity in the SVF this behaviours desirable as it can promote good strength at various temperature and easy application. From the gelation temperature it was clear that the prepared formulation showed gelation at physiological condition. Addition of mucoadhesive polymer decrease the gelation temperature but it is near to body temperature. Gellan gum converted into stiff gel in the presence of ions and results in sudden increase in the viscosity.

The spreadability plays an important role in patient compliance and helps in uniform application of gel to the skin. A good gel takes less time to spread and will have high spreadability. Spreadability was found in range 14-25 mm optimized batch found m 14 mm.^[14]

Refractive index of the gel is ranging from 1.335 to 1.337, proofing the transparency of gel.

Bio adhesion and long retention are important and crucial physicochemical parameter for *in situ* forming vaginal gels of vaginal formulation.^[15] HPMC act as a mucoadhesive, performed adhesion force studies proves the mucoadhesive nature of the HPMC. Gellan gum act as an ion activated polymer. Batch 5 and 6 having alone HPMC and gellan gum respectively. Hence these formulations do not give good mucoadhesive property. While in other hand Batch 4 having good mucoadhesive property due to the presence of both HPMC and gellan gum. Hence we can

**Figure 4: Fourier transform infrared spectra of gellan gum**

conclude that both HPMC and gellan gum having a major role for *in situ* gel formulation for vaginal drug delivery. Accordingly synergistic effect of bioadhesive is predictable if gellan gum can be used with the widely use bioadhesive material like HPMC.

Clarity and texture analysis data was depicted in below Table 4. In case of all batches shown clear solutions and by texture analysis optimized batch shows nonsticky in nature. Hence, our optimized formulations suitable for vaginal drug delivery system.

In vitro release kinetics

In vitro drug release kinetics was carried out by the use of Franz diffusion cells in order to evaluate clindamycin *in situ* gel release profile. Initially the formulation demonstrates rapid release (burst effect) followed by slow and constant release for the rest of time was depicted in Figure 5. This pattern confirms the controlled release behavior of the formulation. The initial burst effect is beneficial as it help achieving the therapeutic concentration of drug in minimal time followed by constant release to maintain sustained and control release of the drug. Developed formulation displayed 33.3% cumulative drug release after 2 h. 67.4% after 6 h and 98.9% after 12 h. Burst effect might be due to initial migration of the drug toward the surface of the matrix.

Microbiological studies

The optimized *in situ* gelling formulation showed antimicrobial activity when tested microbiologically by cup plate technique. Clear zone of inhibition were obtained. The diameter of zone of inhibition of optimized batch F4 having 18MM [Figure 6]. Its indicate optimized formulations inhibition of microbial growth.

Irritation study

Irritation of the developed formulation was checked by Hen's egg CAM test which is a rapid, sensitive and inexpensive test.^[16] Testing with incubated eggs is a borderline case between *in vivo*

and *in vitro* systems and they does not conflict with the ethical and legal obligations.

Developed formulation was tested by using this method and result was compared with normal saline, which was used as control that is supposed to be non-irritant because 0 score was obtained for normal saline. Chitosan/gellan gum based formulation was non-irritant up to 1 h (mean score 0) while the mean score was found to be 0.33 up to 24 h [Table 5]. The study shows that the formulation is non-irritant to mild irritant.

Stability studies

Stability study was carried out on the optimized formulation as per ICH guidelines for 5 months. There are no any major changes are observed in physicochemical characteristics as well as on release profile [Table 6 and Figure 7]. Hence, its indicates during stability test optimized formulations remain stable as per ICH Guideline.^[16]

So, we can conclude that after the 3 months stability as per ICH Guidelines there are no any physicochemical changes are observed. Hence our formulation is stable.

Table 4: Clarity and texture analysis of prepared formulations

Batch number	Clarity	Texture analysis
F1	Clear solution	Stiky
F2	Clear solution	Stiky
F3	Clear solution	Nonstiky
F4	Clear solution	Nonstiky
F5	Clear solution	Nonstiky
F6	Clear solution	Nonstiky

Table 5: Scores obtained in HET-CAM test

Sample	Score formulations								
	Time (in min)								
	0	5	15	30	60	120	240	480	1440
Normal saline as control									
Egg 1	0	0	0	0	0	0	0	0	0
Egg 2	0	0	0	0	0	0	0	0	0
Egg 3	0	0	0	0	0	0	0	0	0
Mean	0	0	0	0	0	0	0	0	0
Developed formulations									
Egg 1	0	0	0	0	0	0	0	0	0
Egg 2	0	0	0	0	0	0	0	0	1
Egg 3	0	0	0	0	0	1	1	1	1
Mean	0	0	0	0	0	0.33	0.33	0.33	0.66

HET-CAM: Hen's Egg Test - Chorioallantoic Membrane

Table 6: Physical evaluation of formulation after stability studies

Formulation code	pH	GT (°C)	Viscosity (cps)	Drug content (%)	Mucoadhesive strength (dynes/cm)
F4 (before)	5.3	36.8	56±0.12	99.8±0.62	+++
F4 (after)	5.3	36.7	55±0.32	99.2±0.25	+++

+++ : Excellent mucoadhesion strength, GT: Gelation temperature

CONCLUSION

The vaginal route has been traditionally used for the conventional delivery of several locally acting drugs like antimicrobial agents. This study has described the *in situ* gel formulations of clindamycin HCL and evaluated their textural and rheological properties. Adding HPMC to the formulations decreased the sol to gel transition temperature, and affected the mucoadhesive, mechanical and rheological properties of the formulation. The results showed that the texture characterization was in agreement with rheological results confirming improved

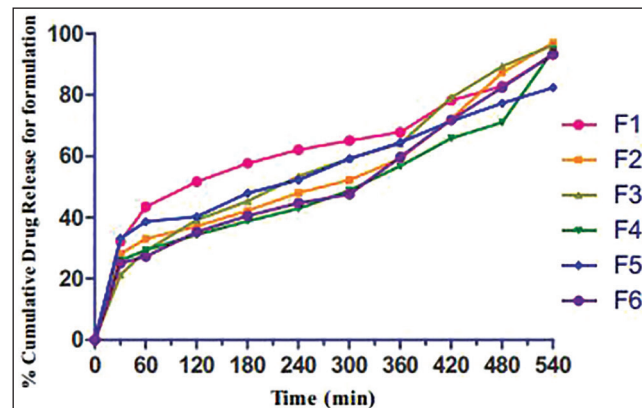


Figure 5: Drug release behaviour of prepared formulation

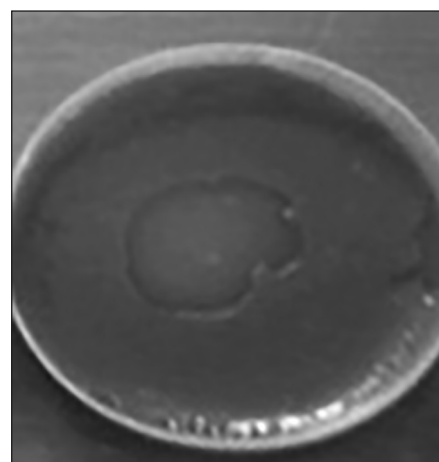


Figure 6: Zone of inhibition of optimized batch (f-4)

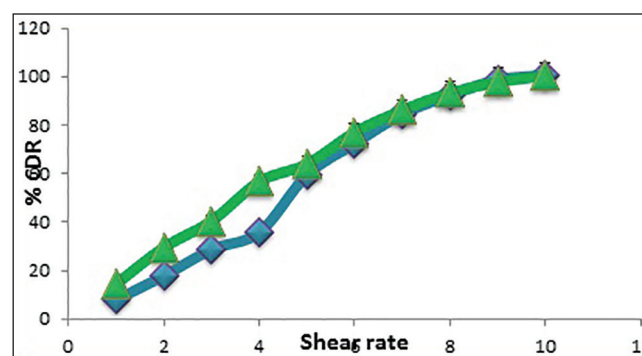


Figure 7: Release data after stability study of optimized batch (f-4)

mechanical properties of clindamycin loaded *in situ* formulations. Bioadhesive polymer HPMC presumed to provide better vaginal bioadhesion. A low viscosity product may leak out of the vaginal cavity and too high viscous may interact with sexual intercourse. From present investigation it can be concluded that clindamycin gel formulating system can be successfully formulated by using combination of HPMC and gellan gum. The formulation is isotonic, easy to administer along with good bioadhesion and retention property. This formulation has potential for better patient compliance as vaginal formulation. The efficacy of the formulation can further be studied by *in vivo* and clinical experiments. As a result, the evaluation of the entire candidate formulations indicated that vaginal formulation of clindamycin will be a new alternative for the treatment of vaginal candidiasis with suitable textural and rheological properties. Our results showed that the developed formulations were found worthy for further studies.

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